

Slifka Center screens for:

Tree Nuts, Peanuts, Dairy, Egg, Soy, and Wheat

Monday 1/23

Lunch

Cod Filet-Contains Fish

Herbed Tofu-Contains Soy

Roasted Potato-No Allergens

Green Beans-No Allergens

Minestrone-No Allergens

Salad bar-No Allergens

Monday 1/23

Dinner

Penne Marinara-Contains Wheat

Meatballs-Contains Wheat Egg

Vegan Meatballs-Contains Soy

Roasted Broccoli-No Allergens

Garlic Bread-Contains Wheat

Salad Bar-No Allergens

Tuesday 1/24

Lunch

Philly Steak Grinder-Contains Wheat

The Slifka Ruben-Contains Wheat Egg

Turkey-No Allergens

Roast Beef-No Allergens

Corned Beef-No Allergens

Pastrami-No Allergens
Roast Vegetables-No Allergens
Falafel-Contains wheat
Bread-Contains Wheat
Wraps-Contains Wheat
Carrot Ginger Soup-No Allergens
Salad Bar-No Allergens

Tuesday 1/24

Dinner

Chicken Taco-No Allergens
Beef Taco-No Allergens
Roasted Vegetable Taco-No Allergens
Arroz Rojo-No Allergens
Stewed Black Beans-No Allergens
Pico Di Gallo-No Allergens
Avocado Crema-No Allergens
Salad Bar-No Allergens

Wednesday 1/25

Lunch

Philly Steak Grinder-Contains Wheat
The Slifka Ruben-Contains Wheat Egg
Turkey-No Allergens
Roast Beef-No Allergens
Corned Beef-No Allergens
Pastrami-No Allergens

Roast Vegetables-No Allergens

Falafel-Contains wheat

Bread-Contains Wheat

Wraps-Contains Wheat

Chicken Tortilla Soup-Contains Wheat

Salad Bar-No Allergens

Wednesday 1/25

Dinner

Chicken Tenders-Contains Wheat Egg

Vegan "chicken" Nuggets-Contains Wheat Soy

French Fries-Contains Soy

Roast Vegetables-No Allergens

Vegan Mac&Cheese-Contains Wheat Coconut

Thursday 1/26

Lunch

Philly Steak Grinder-Contains Wheat

The Slifka Ruben-Contains Wheat Egg

Turkey-No Allergens

Roast Beef-No Allergens

Corned Beef-No Allergens

Pastrami-No Allergens

Roast Vegetables-No Allergens

Falafel-Contains wheat

Bread-Contains Wheat

Wraps-Contains Wheat

Corn Chowder-No Allergens

Salad Bar-No Allergens

Thursday 1/26

Dinner

Beef Chimichurri-No Allergens

Tofu Chimicurri- Contains Soy

Grilled Vegetables-No Allergens

Punched Potatoes-No Allergens

Salad Bar-No Allergens

Friday 1/27

Lunch

Vegetable Pot Pie-Contains Wheat

Mac&Cheese-Contains Wheat Milk

Roasted Sweet Potatoes-No Allergens

Garlic Green Beans-No Allergens

Mushroom Barley Soup-Contains Wheat

Friday 1/27

Dinner

Herb Roasted Chicken-No Allergens

Quinoa Stuffed Acorn Squash-No Allergens

Garlic Green Beans-No Allergens

Mashed Potatoes-Contains Soy

Mixed Green Salad-No Allergens

Saturday 1/28

Lunch

Vegan Cholent-No Allergens

Roasted Chicken-No Allergens

Roasted Vegetables-No Allergens

Baked Tofu-Contains Soy

Salad-No Allergens