# Menu

## Serving Meals
- **Lunch/Brunch:** 11:30AM-1:30PM
- **Dinner M-TH:** 5PM-7:30PM
- **Shabbat Dinner:** 7:30PM - 9:30PM

## Weekday Meals

### Monday
- **Lunch**
  - Chicken Caesar Salad
  - Vegan Cobb Salad
  - Tossed Garden Salad
  - Tossed Garden Salad w/ Tofu
  - Lentil Soup
- **Dinner**
  - Herb Roasted Chicken
  - Baked Tofu
  - Roasted Potato
  - Roasted Root Veg

### Tuesday
- **Lunch**
  - Shepherd's Pie
  - Vegan Shepherd's Pie
  - Green Beans
  - Roasted Sweet Potato
  - Kale & White Bean Soup
- **Dinner**
  - Taco Tuesday
  - Beef, Chicken, or Beans
  - Roasted Vegetables
  - Red Rice
  - Pico de Gallo
  - Avocado Crema

### Wednesday
- **Lunch**
  - **Sandwiches**
  - Roast Beef, Chicken, Turkey, or Roasted Veg
  - Chips
  - Mushroom Barley Soup
  - GF Options on Request
- **Dinner**
  - Tendies
  - Chicken Tenders
  - Vegan Nuggets
  - Vegan Mac & Cheese
  - Broccoli
  - GF Options on Request

### Thursday
- **Lunch**
  - Baked Pallok
  - Lemon Pepper Tempeh
  - Rice Pilaf
  - Sauteed Spinach
  - Minestrone
- **Dinner**
  - Roasted Chicken Thighs
  - Vegan Enchiladas
  - Sauteed Peppers & Onions
  - Rice & Beans
  - Cilantro Slaw

## Meal Prices
- **Weekday Lunch and Sunday Brunch**
  1 Meal Swipe or $14.50
- **Weekday Dinner**
  1 Meal Swipe or $18.50

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**Monday**
- Pasta Alfredo
- Vegan Eggplant "Parm"
- Roasted Zucchini
- Garlic Bread
- Cream of Broccoli Soup
KIKAR SCHUSTERMAN

SHABBAT AND SUNDAY

SHABBAT DINNER

7:30 PM
Brisket W/ Gravy
Curried Tofu
Roasted Red Potato
Sauteed Broccolini
Garden Salad

Don't Want to Swipe in on Shabbat or need to pay ahead?

SCAN ME

SHABBAT LUNCH

12:30 PM
Build-Your-Own Deli
Choice of Turkey, Roast Beef, and Roasted Veg
Vegan Cholent
Mixed Green Salad

THIRD MEAL

Egg Salad
Runa Salad
Hummus
Pita

SUNDAY
CLAIRE'S BRUNCH

11:30AM - 12:30 PM
Meal Swipes Accepted!

SUNDAY DINNER AND LEARNING

7:00PM
Connect with R' Alex for details!

Meal Swipe or $10

Menus subject to change based on supply-chain challenges.

Find the menu and allergy info on our website!

SCAN ME