

Monday Dinner:

Crudite-V, GF, NO NUTS, SEEDS, CONTAINS SOYBEAN OIL

Italian Chicken Tenders-NO NUTS, SOY OR SEEDS

Roasted Tofu-V, NO NUTS OR SEEDS

Tater Tots-V, GF, NO NUTS, SOY OR SEEDS

Roasted Broccoli-V, GF, NO NUTS SOY OR SEEDS

Tuesday Lunch:

Fruit Platter-V, GF, NO NUTS, SOY OR SEEDS

Turkey Wrap-NO NUTS SOY OR SEEDS

Roast Beef Wrap-NO NUTS, SOY OR SEEDS

Salami Wrap-NO NUTS OR SEEDS

Potato Salad-GF, NO NUTS OR SEEDS, MAYO CONTAINS SOYBEAN OIL

Health Salad-V, GF, NO NUTS, SOY OR SEEDS

Oatmeal Raisin Cookies-NO NUTS OR SEEDS

Tuesday Dinner:

Shepherd's Pie-GF, NO NUTS, SEEDS, CONTAINS NON-DAIRY CREAMER

Vegan Shepard's Pie-V, GF, NO NUTS, SOY OR SEEDS

Parve Caesar Salad-NO NUTS OR SEEDS

Garlic Knots-NO NUTS OR SEEDS, CONTAINS SOYBEAN OIL

Jelly Roll-NO NUTS OR SEEDS

Wednesday Lunch-

Sliced Turkey-NO NUTS, SOY OR SEEDS

Sliced Roast Beef-NO NUTS, SOY OR SEEDS

Corned Beef-NO NUTS, SOY OR SEEDS

Lettuce, Tomato & Onion Platter-V, GF, NO NUTS, SOY OR SEEDS

Pickles-V, GF, NO NUTS, SOY OR SEEDS

Cole Slaw-GF, NO NUTS, OR SEEDS, CONTAINS MAYO

Garden Salad-V, GF, NO NUTS, SOY OR SEEDS

Hard Rolls-NO NUTS, SEEDS, CONTAINS SOYBEAN OIL

Chocolate Chip Cookies-NO NUTS OR SEEDS

Friday Dinner:

Sliced Turkey with gravy-NO NUTS OR SEEDS

Butter Tofu-V, NO NUTS, SOY OR SEEDS

Oven Roasted Carrots & Parsnips-V, GF, NO NUTS, SOY OR SEEDS

Basmati Rice-V, GF, NO NUTS, SOY OR SEEDS

Parve Caesar Salad-NO NUTS OR SEEDS

Whole Pita-V, NO NUTS, SOY OR SEEDS

Vegan Apple Strudel-V, NO NUTS, OR SEEDS

Saturday Lunch:

Pesto Grilled Chicken-GF, NO NUTS, SOY OR SEEDS

Roasted Vegetables-V, GF, NO NUTS, SOY OR SEEDS

Mediterranean Couscous-V, GF, NO NUTS, SOY OR SEEDS

Hummus-V, GF, NO NUTS OR SOY

Pita Bread-V, NO NUTS, SOY OR SEEDS

Cookie Platter-NO NUTS OR SEEDS

Third Meal:

GF Tuna-GF, NO NUTS, OR SEEDS, CONTAINS SOYBEAN OIL

Egg Salad-GF, NO NUTS OR SEEDS, CONTAINS SOYBEAN OIL

Seasonal Quinoa-V, GF, NO NUTS, SOY OR SEEDS

Health Salad-V, GF, NO NUTS, SOY OR SEEDS

Challah Rolls-NO NUTS, OR SEEDS, CONTAINS SOYBEAN OIL

Chocolate Chip Cookies-NO NUTS OR SEEDS